

CIGNA ID CARD

Always keep it handy

Your ID card contains important information about your coverage:

- › The name of your Cigna health plan and the health care professional networks you can access for care
- › Addresses where you or your doctor will send your medical and pharmacy claims
- › Cigna's 24/7/365 customer service phone number

Be sure to keep it with you at all times.



ID card example

myCigna.com

Click with a site that clicks with you

Once you're enrolled in a Cigna health plan, **myCigna.com** is your go-to resource for all of your plan information. It's filled with information and tools to help you better understand and manage your benefits – and your health. It's completely personalized, so you can quickly find what you're looking for.

Go to **myCigna.com** and follow the simple steps to register. You'll be able to:

- › **Find a doctor** in your plan's network. Search by name, specialty, procedure, location and other criteria. You can also find in-network hospitals, labs and other health service facilities.
- › **Manage and track claims**, as well as any account balances you might have.
- › **Estimate medical costs** for specific, in-network procedures, treatments and facilities.
- › **Compare hospitals and doctors** by cost-efficiency ratings, quality of care distinctions, results of services performed and more.
- › **Compare prescription drugs** and what you'll pay for a specific medication, with a report you can use to speak with your doctor about lower-cost options. You can also review your pharmacy coverage, track your expenses and ask a pharmacist questions.

- › **Sign up for drug refills and online reminders.** These are just two of the ways Cigna Home Delivery PharmacySM can help you stay healthy and get your important maintenance medications shipped right to your door.
- › **Take a health assessment** through a quick, confidential questionnaire that will give you a better understanding of your health – and show you simple steps for improving your health in the future.
- › **Find condition and wellness resources** in our interactive medical library with information on health conditions, first aid, medical exams, wellness and more.
- › **Save money** through Cigna Healthy Rewards^{*} on a wide variety of health and wellness products and services.*

You can also take **myCigna** with you wherever you go. Use your mobile device to personalize, organize and access all the important health information you find on **myCigna**.

Register today on myCigna.com and get the myCigna Mobile App. Keep your user name and password handy – you'll need that information each time you log on.**